

2003 Three-tier Patient Drug Formulary Guide

Medication Categories Listing

Effective January 1, 2003 (Revised December 20, 2002)



What is a Formulary Guide?

This is a Guide to your Formulary, which is a list of medications preferred by your plan. The specially selected medications on this Guide can help you and your prescriber maximize your plan benefits and minimize prescription medication costs. This list also is available alphabetically on our web site (www.mywhi.com). All the medications listed have received FDA approval as safe and effective. A committee of physicians and pharmacists has chosen the medications included on this list.

How do I use this Guide?

This Guide can help you locate brand and generic medication alternatives that may lower your copayment. Share this Guide with your physician and encourage him or her to authorize a generic alternative for you whenever possible.

How does the Formulary impact my copayment?

The chart at top right describes the three-tier copayment options your plan provides. The first tier includes less-costly *generic* medications. These medications generally have the *lowest copayment*. The second tier includes *PREFERRED BRANDS* that are on the Formulary. These medications usually fall in the *middle copayment* tier. The third tier includes *non-preferred brands*. When a generic version of a brand-name medication becomes available, most brands move to the *highest copayment* tier. Likewise, if only one generic product is available for a medication, it may be placed on a higher tier. These medications are rarely listed on this Guide since they do not minimize costs as effectively as other medications that are listed.

Copayments and coverage of medications and medication categories can vary by plan. This Guide is meant to be a source of general information about the Formulary.

THREE-TIER COPAY LEVEL	TYPE OF MEDICATION
Lowest Copayment	Most generic medications
Middle Copayment	PREFERRED BRAND medications on the formulary with no generic available
Highest Copayment	Non-preferred brands or brands with a generic available

What if my medication is not listed on this Guide?

Due to space limitations, not all medications on the Formulary can be listed on this Guide. If you are unable to locate your medication on the list, please keep the following in mind:

- Most generic medications are preferred by your plan, usually at the lowest copayment.
- When a medication can be used to treat more than one condition, you will find it listed under only one category when possible for ease of reference. Check different categories for your medication or consult the alphabetical guide.
- Your medication may have been added to the list after it was printed.

Where can I get more information about this Guide?

This Guide may change to reflect current medication availability and tier placement. You can find the most recent update at www.mywhi.com.

Our online Formulary Guide is updated regularly every calendar quarter or more often if needed to reflect important changes. It also is listed in alphabetical order. This Guide is subject to change without notice. For assistance, please contact Member Services at 1-800-207-2568.

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Under each therapeutic class category heading, generic medications are listed in lower-case (small) letters and preferred brand medications are listed in UPPER-CASE (CAPITAL) letters.

ANTINEOPLASTICS/ IMMUNOSUPPRESSANTS	LOW MOLECULAR WEIGHT HEPARINS LOVENOX	CARDIOVASCULAR	
	PLATELET AGGREGATION INHIBITORS ticlopidine PLAVIX	ALPHA BLOCKERS doxazosin prazosin terazosin capsules	disopyramide ext-rel flecainide mexiletine procainamide procainamide ext-rel (6 hr) propafenone quinidine sulfate quinidine sulfate ext-rel sotalol LANOXICAPS LANOXIN
BLOOD MODIFIERS	MISCELLANEOUS pentoxifylline ext-rel AGRYLIN MEPHYTON	ANGIOTENSIN II RECEPTOR BLOCKERS AVAPRO COZAAR	BETA BLOCKERS CARDOSELECTIVE acebutolol atenolol metoprolol TOPROL XL
ANTICOAGULANTS warfarin COUMADIN		ANTIARRHYTHMICS/ CARDIAC GLYCOSIDES amiodarone digoxin disopyramide	
BLOOD FORMATION NEUPOGEN PROCRIT			

NONCARDIOSELECTIVE labetalol nadolol pindolol propranolol INDERAL LA	ANALGESICS CONVENTIONAL NSAIDS diclofenac sodium diflunisal etodolac etodolac ext-rel ibuprofen indomethacin ketorolac naproxen naproxen sodium oxaprozin piroxicam salsalate sulindac ARTHROTEC	METADATE ER BIPOLAR AGENTS lithium carbonate ESKALITH CR LITHOBID	DIASTAT DILANTIN KEPRA LAMICTAL NEURONTIN PHENYTEK TEGRETOL TEGRETOL XR TRILEPTAL TOPAMAX ZONEGRAN
BLOOD PRESSURE-LOWERING ACE INHIBITORS captopril enalapril lisinopril ACCUPRIL ALTACE	MIGRAINE Preventative Therapy generic beta blockers generic calcium channel blockers DEPAKOTE ER	DEPRESSION amitriptyline bupropion clomipramine desipramine doxepin fluoxetine imipramine hcl nortriptyline trazodone CELEXA EFFEXOR EFFEXOR XR LEXAPRO NARDIL PARNATE PAXIL PAXIL CR REMERON REMERON SOLTAB WELLBUTRIN SR ZOLOFT	SMOKING DETERRENTS nicotine replacement products
CALCIUM CHANNEL BLOCKERS DIHIDROPYRIDINE nifedipine ext-rel NORVASC	Treatment isometheptene/dichloralphenazone/ acetaminophen CAFERGOT IMITREX MAXALT MAXALT MLT ZOMIG ZOMIG ZMT	INSOMNIA chloral hydrate temazepam AMBRIEN SONATA	ACNE ACNE ROSACEA NORITATE
NONDIHYDROPYRIDINE diltiazem diltiazem ext-rel verapamil verapamil ext-rel	NON-NARCOTIC COMBINATIONS butalbital/acetaminophen butalbital/caffeine/acetaminophen butalbital/caffeine/aspirin	MULTIPLE SCLEROSIS AGENTS AVONEX BETASERON REBIF	ACNE VULGARIS ORAL erythromycin oral isotretinoin tetracycline oral
CHOLESTEROL-LOWERING cholestyramine gemfibrozil lovastatin LESCOL LESCOL XL LIPITOR PRAVACHOL	OPIOIDS acetaminophen/codeine hydrocodone/acetaminophen hydromorphone meperidine morphine sulfate oxycodone oxycodone/acetaminophen oxycodone/aspirin	PARKINSON'S DISEASE amantadine bromocriptine benztropine carbidopa/levodopa pergolide selegiline trihexyphenidyl COMTAN DOSTINEX MIRAPEX REQUIP	TOPICAL azelaic acid clindamycin topical erythromycin topical sulfacetamide/sulfur tretinoin RETIN-A MICRO
DIURETICS/ COMBINATION PRODUCTS atenolol/chlorthalidone bisoprolol/hctz bumetanide captopril/hctz chlorthalidone enalapril/hctz furosemide hydrochlorothiazide lisinopril/hctz spironolactone triamterene/hctz ACCURETIC AVALIDE HYZAAR ZAROXOLYN	PAIN—MODERATE TO SEVERE morphine sulfate ext-rel DURAGESIC MS CONTIN (200 mg tablet) MSIR (except oral liquids) OXYCONTIN	MYASTHENIA GRAVIS AGENTS MESTINON	BACTERIAL INFECTIONS silver sulfadiazine BACTROBAN
NITRATES isosorbide dinitrate ext-rel isosorbide mononitrate ext-rel nitroglycerin ointment nitroglycerin oral ext-rel nitroglycerin patch nitroglycerin sublingual	MISCELLANEOUS tramadol	PSYCHOSES chlorpromazine fluphenazine decanoate fluphenazine injection haloperidol perphenazine thioridazine thiothixene trifluoperazine RISPERDAL SEROQUEL ZYPREXA	CORTICOSTEROIDS Listed by potency: Group I is least potent; Group V is most potent
SYMPATHOLYTICS clonidine methyldopa	ANTIANXIETY MEDICATIONS alprazolam buspirone diazepam lorazepam oxazepam	SEIZURES carbamazepine clonazepam ethosuximide phenobarbital phenytoin ext-rel primidone valproic acid CARBATROL DEPAKENE DEPAKOTE	GROUP I hydrocortisone (2.5% cream) hydrocortisone (2.5% lotion) hydrocortisone (2.5% ointment)
MISCELLANEOUS hydralazine PROAMATINE	ANTIVERTIGO/ MOTION SICKNESS AGENTS meclizine promethazine		GROUP II fluocinolone acetonide (0.01% cream) fluocinolone acetonide (0.01% solution) hydrocortisone valerate (0.2% cream) hydrocortisone valerate (0.1% ointment) triamcinolone acetonide (0.025% cream) triamcinolone acetonide (0.025% lotion) triamcinolone acetonide (0.025% ointment)
CENTRAL NERVOUS SYSTEM	ATTENTION DEFICIT/ HYPERACTIVITY DISORDER dextroamphetamine/amphetamine mixed salts methylphenidate methylphenidate ext-rel ADDERALL (7.5 mg, 12.5 mg, 15 mg tablets) ADDERALL XR CONCERTA METADATE CD		GROUP III betamethasone valerate (0.1% cream) betamethasone valerate (0.1% lotion) betamethasone valerate (0.1% ointment) fluocinolone acetonide (0.025% cream) fluocinolone acetonide (0.025% ointment) mometasone furoate (0.1% ointment) triamcinolone acetonide (0.1% cream) triamcinolone acetonide (0.1% ointment)
ALZHEIMER'S DISEASE ARICEPT EXELON REMINYL			GROUP IV betamethasone dipropionate (0.05% cream) betamethasone dipropionate (0.05% lotion) betamethasone dipropionate (0.05% ointment)

<p>fluocinonide (0.05% cream) fluocinonide (0.05% lotion) fluocinonide (0.05% ointment) triamcinolone acetonide (0.5% cream) triamcinolone acetonide (0.5% ointment)</p> <p>GROUP V augmented betamethasone dipropionate ointment clobetasol propionate DIPROLENE GEL DIPROLENE LOTION</p> <p>FUNGAL INFECTIONS butenafine clotrimazole/betamethasone ketoconazole topical nystatin powder nystatin/triamcinolone LOPROX</p> <p>PSORIASIS methotrexate (2.5 mg tablet only) DOVONEX TAZORAC</p> <p>SCABIES AND PEDICULOSIS lindane permethrin (5% cream) OVIDE</p> <p>VIRAL INFECTIONS CONDYLOX GEL</p> <p>MISCELLANEOUS selenium sulfide CARAC EFDUXEX ELIDEL EMLA FLUOROPLEX PROTOPIC REGRANEX</p> <p>ENDOCRINOLOGY</p> <p>ADRENAL CORTICOSTEROIDS dexamethasone fludrocortisone hydrocortisone methylprednisolone prednisolone sodium phosphate prednisone</p> <p>ANDROGENS fluoxymesterone methyltestosterone DEPO-TESTOSTERONE</p> <p>DIABETES MELLITUS</p> <p>INSULIN HUMALOG HUMALOG 75/25 HUMULIN 50/50 HUMULIN 70/30 HUMULIN L HUMULIN N HUMULIN R HUMULIN U LANTUS NOVOLIN 70/30 NOVOLIN INNOLET N NOVOLIN INNOLET 70/30 NOVOLIN L NOVOLIN N NOVOLIN R NOVOLOG</p>	<p>ORAL AGENTS glipizide glyburide glyburide micronized metformin ACTOS AMARYL AVANDIA GLUCOTROL XL GLUCOVANCE PRANDIN PRECOSE</p> <p>DIABETES MONITORING ACCU-CHEK Meters/Test Strips CHEMSTRIP BG Test Strips LANCETS ONE TOUCH Meters/Test Strips</p> <p>GLUCOSE ELEVATING AGENTS GLUCAGON</p> <p>GROWTH HORMONE NUTROPIN NUTROPIN AQ NUTROPIN DEPOT SAIZEN</p> <p>OSTEOPOROSIS AGENTS EVISTA FOSAMAX</p> <p>THYROID MODIFIERS levothyroxine methimazole propylthiouracil ARMOUR THYROID (15 mg, 240 mg, 300 mg tablets) LEVOXYL SYNTHROID THYROLAR</p> <p>MISCELLANEOUS desmopressin acetate DECLMYCIN tablets DDAVP tablets</p> <p>GASTROINTESTINAL</p> <p>ANTIEMETICS prochlorperazine promethazine ZOFRAN ZOFRAN ODT</p> <p>CROHN'S/INFLAMMATORY BOWEL DISEASE hydrocortisone/pramoxine ASACOL CANASA CORTIFOAM ENTOCORT EC</p> <p>DIARRHEA diphenoxylate/atropine</p> <p>PANCREATIC ENZYME pancreatin pancrelipase CREON ULTRASE VIOKASE</p> <p>PROMOTILITY AGENTS metoclopramide</p> <p>SPASM l-hyoscyamine</p>	<p>ULCERS AND REFLUX (GERD) cimetidine misoprostol nizatidine omeprazole ranitidine tablets sucralfate ACIPHEX HELIDAC NEXIUM ZANTAC SYRUP</p> <p>MISCELLANEOUS sulfasalazine ursodiol GOLYTELY NULYTLY URSO VISICOL</p> <p>INFECTION</p> <p>ANTIBACTERIAL DRUGS</p> <p>CEPHALOSPORINS First Generation cefadroxil cephalexin Second Generation cefaclor cefuroxime CEFZIL Third Generation OMNICEF</p> <p>FLUOROQUINOLONES AVELOX CIPRO LEVAQUIN</p> <p>MACROLIDES erythromycin oral BIAXIN BIAXIN XL ZITHROMAX</p> <p>PENICILLINS amoxicillin ampicillin dicloxacillin penicillin VK</p> <p>SULFONAMIDES sulfisoxazole</p> <p>TETRACYCLINES doxycycline hyclate minocycline tetracycline</p> <p>URINARY ANTI-INFECTIVES nitrofurantoin macrocrystals trimethoprim tablets</p> <p>COMBINATION ANTIBIOTICS sulfamethoxazole/trimethoprim sulfisoxazole/erythromycin AUGMENTIN</p> <p>MISCELLANEOUS ANTIBIOTICS clindamycin oral metronidazole tablets</p> <p>ANTIFUNGALS griseofulvin microsize griseofulvin ultramicrosize ketoconazole nystatin DIFLUCAN LAMISIL VFEND</p>	<p>ANTIVIRAL DRUGS acyclovir</p> <p>CYTOMEGALOVIRUS CYTOVENE VALCYTE</p> <p>HERPES VALTREX</p> <p>HIV All oral medications used for the treatment of HIV are on the Formulary, if FDA approved.</p> <p>HEPATITIS AGENTS INTRON A</p> <p>HEPATITIS B EPIVIR-HBV HEPSERA</p> <p>HEPATITIS C INFERGEN PEG-INTRON REBETOL REBETRON</p> <p>MISCELLANEOUS AMEBICIDES mebendazole metronidazole</p> <p>ANTITUBERCULOSIS AGENTS ethambutol isoniazid pyrazinamide rifampin</p> <p>MALARIA AND OTHER PROTOZOAL INFECTIONS chloroquine phosphate hydroxychloroquine mefloquine DAPSONE MALARONE</p> <p>MUSCULOSKELETAL</p> <p>CYCLOOXYGENASE INHIBITORS CELEBREX VIOXX</p> <p>DMARDS CUPRIMINE RIDAURA</p> <p>GOUT AGENTS allopurinol colchicine colchicine/probenecid probenecid</p> <p>RHEUMATOID/OSTEOARTHRITIS hydroxychloroquine methotrexate</p> <p>SPASTICITY baclofen cyclobenzaprine tizanidine DANTRIUM</p> <p>OPHTHALMIC—ALLERGY ZADITOR</p> <p>OPHTHALMIC—ANTIBACTERIAL bacitracin erythromycin ophthalmic gentamicin</p>
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<p>neomycin/polymyxin B/bacitracin ointment neomycin/polymyxin B/gramicidin solution polymyxin B/bacitracin polymyxin B/trimethoprim sulfacetamide (10% drops) sulfacetamide (10% ointment) tobramycin OCUFLOX</p> <p>OPHTHALMIC—ANTI-INFLAMMATORIES</p> <p>dexamethasone ophthalmic fluorometholone neomycin/polymyxin B/dexamethasone prednisolone acetate prednisolone phosphate prednisolone phosphate/sulfacetamide ACULAR LOTEMAX TOBRADEX</p> <p>OPHTHALMIC—ANTIVIRAL</p> <p>trifluridine</p> <p>OPHTHALMIC—GLAUCOMA</p> <p>acetazolamide dipefrin levobunolol methazolamide pilocarpine timolol maleate ALPHAGAN ALPHAGAN P BETIMOL LUMIGAN TRUSOPT XALATAN</p> <p>OPHTHALMIC—MISCELLANEOUS</p> <p>atropine</p> <p>OTIC (EAR)</p> <p>acetic acid acetic acid/aluminum acetate benzocaine/antipyrine hydrocortisone/acetic acid hydrocortisone/neomycin/polymyxin B FLOXIN OTIC</p> <p>MISCELLANEOUS</p> <p>lidocaine viscous</p> <p>RESPIRATORY</p> <p>ANTIHISTAMINE/DECONGESTANT COMBINATIONS</p> <p>promethazine/phenylephrine pseudoephedrine/brompheniramine ext-rel pseudoephedrine/carbinoxamine pseudoephedrine/chlorpheniramine</p> <p>ANTIHISTAMINES—SECOND GENERATION</p> <p>ALLEGRA CLARINEX</p> <p>ANTIHISTAMINE/DECONGESTANT COMBINATIONS</p> <p>ALLEGRA-D</p> <p>ANTITUSSIVE COMBINATION PRODUCTS</p> <p>guaifenesin/codeine guaifenesin/dextromethorphan tablet hydrocodone/guaifenesin hydrocodone/homatropine</p>	<p>phenylephrine/chlorpheniramine/ hydrocodone promethazine/codeine pseudoephedrine/hydrocodone bitartrate</p> <p>EXPECTORANTS AND DECONGESTANT/EXPECTORANT COMBINATIONS</p> <p>guaifenesin guaifenesin/pseudoephedrine ext-rel</p> <p>NASAL</p> <p>ASTELIN ATROVENT NASAL</p> <p>STEROIDS</p> <p>flunisolide FLONASE NASACORT NASACORT AQ NASONEX RHINOCORT AQUA</p> <p>ASTHMA/COPD</p> <p>BETA-AGONIST INHALERS</p> <p>albuterol metered-dose inhaler SEREVENT SEREVENT DISKUS</p> <p>CORTICOSTEROID INHALED MEDICATIONS</p> <p>AZMACORT FLOVENT (44 mcg, 110 mcg, 220 mcg) FLOVENT ROTADISK PULMICORT TURBUHALER RHINOCORT</p> <p>INHALATIONS FOR NEBULIZATION</p> <p>acetylcysteine cromolyn sodium ipratropium bromide PULMICORT RESPULES</p> <p>LEUKOTRIENE MODIFIERS</p> <p>ACCOLATE SINGULAR</p> <p>ORAL MEDICATIONS</p> <p>Beta Agonists</p> <p>albuterol metaproterenol terbutaline VOLMAX</p> <p>Oral Steroids</p> <p>prednisolone sodium prednisone</p> <p>MISCELLANEOUS</p> <p>ADVAIR DISKUS ATROVENT MDI COMBIVENT</p> <p>SUPPLEMENTS</p> <p>HYPERPHOSPHATEMIA AGENTS</p> <p>PHOSLO RENAGEL</p> <p>POTASSIUM SUPPLEMENTS</p> <p>TABLET</p> <p>potassium chloride ext-rel (8 mEq) potassium chloride ext-rel (10 mEq)</p> <p>LIQUID</p> <p>potassium chloride (20 mEq/15 ml)</p>	<p>POWDER</p> <p>potassium chloride (25 mEq)</p> <p>VITAMIN PREPARATIONS</p> <p>prenatal vitamins</p> <p>UROLOGICAL</p> <p>ANESTHETIC AGENTS</p> <p>phenazopyridine</p> <p>SYMPOMATIC BENIGN PROSTATIC HYPERPLASIA</p> <p>doxazosin terazosin capsules</p> <p>URINARY INCONTINENCE</p> <p>oxybutynin DETROL DETROL LA</p> <p>MISCELLANEOUS</p> <p>bethanechol ELMIRON UROCIT-K</p> <p>WOMEN'S HEALTH</p> <p>CONTRACEPTION, ORAL</p> <p>Generic contraceptive medications are often given specific names by their manufacturers for ease of reference. These are listed in brackets after the generic name.</p> <p>MONOPHASIC</p> <p>ethinyl estradiol/desogestrel [April] ethinyl estradiol/ethynodiol [Zovia] ethinyl estradiol/levonorgestrel [Aviane, Levora] ethinyl estradiol/norethindrone [Genora, Genora 1/50, Necon, Nelova, Norethin, Noret] ethinyl estradiol/norethindrone/iron [Microgestin Fe 28 1.5/30] ethinyl estradiol/norgestimate [Sprintec 28] ethinyl estradiol/norgestrel [Low-Ogestrel, Ogestrel] mestranol/norethindrone [Necon 1/50] LOESTRIN 21 1/20 LOESTRIN 21 1.5/30 YASMIN</p> <p>BIPHASIC</p> <p>ethinyl estradiol/desogestrel [Kariva] ethinyl estradiol/norethindrone [Necon]</p> <p>TRIPHASIC</p> <p>ethinyl estradiol/levonorgestrel [Trivora-28] CYCLESSA ESTROSTEP FE ORTHO NOVUM 7/7/7 ORTHO TRI-CYCLEN TRI-NORINYL</p> <p>PROGESTIN</p> <p>norethindrone [Nor-Q-D]</p> <p>OTHER CONTRACEPTION</p> <p>ORTHO EVRA NUVARING</p> <p>EMERGENCY CONTRACEPTION</p> <p>PLAN B PREVEN</p> <p>ENDOMETRIOSIS</p> <p>danazol leuprolide acetate</p> <p>FERTILITY</p> <p>chorionic gonadotropin clomiphene</p> <p>INJECTABLE ESTROGENS/ PROGESTINS</p> <p>DEPO-PROVERA LUNELLE</p> <p>MENOPAUSE/ POSTMENOPAUSAL OSTEOPOROSIS</p> <p>ESTROGENS</p> <p>estradiol estradiol transdermal estrogens estropipate CENESTIN CLIMARA ESCLIM ESTRADERM ESTRATAB ESTRATEST ESTRATEST HS FEMHRT PREMARIN PREMPHASE PREMPRO VIVELLE VIVELLE-DOT</p> <p>PROGESTINS</p> <p>medroxyprogesterone acetate</p> <p>VAGINAL</p> <p>PREMARIN VAGINAL</p> <p>VAGINAL INFECTIONS</p> <p>nystatin vaginal triple sulfa DIFLUCAN (150 mg tablet) METROGEL-VAGINAL</p> <p>MISCELLANEOUS</p> <p>METHERGINE SARAFEM</p> <p>MISCELLANEOUS AGENTS</p> <p>ANTI-ALLERGIC/ANAPHYLAXIS</p> <p>EPIPEN EPIPEN JR. GASTROCROM</p> <p>DRY MOUTH—SJOGREN'S SYNDROME</p> <p>EVOXAC SALAGEN</p>
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